

# EMPOWER YOURSELF THE POWER OF HOPE

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## Sunshine Hope's 7 Step Process

- ☀ HOPE is the POWER of VISION
- ☀ HOPE is the POWER of TRUTH
- ☀ HOPE is the POWER of ATTITUDE
- ☀ HOPE is the POWER of GOAL SETTING
- ☀ HOPE is the POWER of ACTION
- ☀ HOPE is the POWER of DISCIPLINE
- ☀ HOPE is the POWER of REWARD

## The Benefits of Hope:

- ☀ Improves Morale
- ☀ Improves Productivity
- ☀ Improves Engagement
- ☀ Improves Creativity

**HOPE COSTS NOTHING...yet it can yield  
AMAZING RESULTS**



[www.sunshinehope.com](http://www.sunshinehope.com)



**Kelley Ann Faust, M.A.; C.M.R.**  
*Healthcare Businesswomen's Association  
National Speaker's Association (2008)  
Stress Management Consultant  
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☀ **EMPOWER YOURSELF** with The POWER of HOPE

An entertaining and positive presentation aimed at educating and applying the Sunshine Hope Seven Step process.

We've taken the concept of HOPE and created concrete steps to make this philosophy a strategic way of life.

## **Kelley Ann Faust, M.A.; C.M.R.**

Utilizing all my previous experience working with others in the Medical Field and in the Classroom, I am on a mission to raise the level of HOPE in the world. Through workshops, speaking engagements and consulting, I work with organizations to develop a unique sense of community and support the philosophy of the organization to make it the most positive place it can be.

Using the Science of Psychoneuroimmunology (Mind/Body) as a base, Sunshine Hope has created a seven step process to empower others to empower themselves.

I LOVE the POWER of POSSIBILITY THINKING! I am ACUTELY AWARE of the Medical Environment and the challenges facing people. I believe that community is one of the best medicines around and I would love to introduce the Sunshine Hope Community to you. Thank you!!

**12 Year Fortune 50 Pharmaceutical Experience**  
**Masters in Education \* Certified Medical Representative**  
**112 Days Bedrest**